



## Commodore's Picnic Report

**While many members were unable to attend, the track to Reef Beach was quite treacherous, and the beach was partly washed away by the poor weather earlier in the month, those 70-80 of us who did make it to the Commodore's Picnic seemed to have a great time, judging by the many photos Lynnette Gould took on the day, thank you. See a selection in the gallery on the MYC webpage and on p11.**

The day would not have been a success without the generous sponsorship – and over catering by Bruce and Pam from Davis Marina and the BBQ skills of super chef Phil off Czech Mate (who says Czechs can't BBQ?).

Four boats made it to the start line... Dreamer - early arrival; Pensive – who still think the starter can't tell between a rope dangling in the water and something that is attached to an anchor; Lautrec – who finished with one less life jacket than they started with; and Melody – with sailors extraordinaire Jim, Felicity and Alex, managing to set a perfect sideways kite ... not once... not twice ... but three times! Ultimately contributing to Melody winning the coveted Golden Navigator's Trophy.

It was fantastic to see the juniors participate in this year's picnic. Nick Docker and Jack Cooper tussled it out in the PJs, while brothers Liam and Ryan Poole choose the Optis and Sam Docker and Toby Budge went two up on the MJ. The final results were ... 1st to Nick; 2nd to Sam and Toby; 3rd to Jack; with Ryan and Liam holding

4th and 5th respectively. Ellie and Toby Budge were adjudged to be the best dressed (and only pirates) on the beach.

Four more boats joined us on the beach with other members and friends trekking through the mud that was the trail to Reef Beach.

Before all this racing, there was some precision manoeuvring going on to transport BBQ, gas bottles, tables, bins, food and personnel across to Reef Beach in the Robbie R.

At the conclusion of racing and after consumption of many well cooked snags, a small stretch of sand was found so that we could hold the annual Tug of War between the Commodore's team and the President's team. Unsurprisingly, the Commodore's team won again!

I'd like to thank the many people who were involved with making the day a success. I'm not going to name you in case I forget a few but you know who you are and I very much appreciate your help. You can thank Colin for the quiz, which is reprinted in the newsletter for those who'd like to have a go.

If you haven't start thinking about the winter series ... then it's about time! First race is Sunday 27th May. If you are a twilight sailor who hasn't yet participated in the delights of Sunday sailing – under the same conditions; except that it is in daylight - please consider this 5 race series which is evenly spaced out so that brownie points, if required, can be achieved on alternate weeks.

Just a reminder too, that Presentation night is on Saturday 19th May. Come and support your fellow

## AUDITING

**Please remember that if you are entering your boat in any events commencing on or after 1st July 2012 you will need to have your boat audited to conform with the Racing Rules 2012-2013. This would, for instance, include the upcoming Queensland regattas but not series commenced before 30th June such as MYC's Winter Series.**

**Anyone wishing to complete an Equipment Auditors Course to cover the period until 30th June 2013 please note that there will be a course run at MHYC next month. Details are:**

**Equipment Auditors Course at MHYC  
Saturday 16th June 2012  
9.00am to 12.00noon**

**Enroll by 11th June 2012  
Enquiries telephone 8116 9800**

**Course ID 45697**

sailors or just catch up with people you might not see until next spring. There are still some prizes to be handed out, so if you think you haven't won anything, think again ... how did you go in the handicap starts? Are you in line for the Starters Trophy? Come along and support the winners and gridders – it could be your year!

See you there Maz

## JOURNAL OF MANLY YACHT CLUB

PO Box 22 Manly NSW 1655 Tel 02 9977 4949  
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# ESPRIT AT PORT STEPHEN'S REGATTA

**It was raining. Really, really, REALLY raining! I lay in bed and seriously considered not getting up for the first race of the Sail Port Stephens regatta, specially as no wind had been forecast. But JanB, ChrisS, AnneS, GregS, KenT and HelenB had come to race so I donned full wet weather gear for the short walk to the Nelson Bay Marina. By the time I got there, I felt a bit over-dressed as the weather cleared. As we motored out of the Marina a breeze sprang up and the race started on time in 8kn. The race committee set a course that leaves the bay and weaves in and out of the offshore islands. It was a fantastic course that really showcased the gorgeous coastline and also allowed us to mingle with the div 1 fleet.**

Esprit was going great in flat seas and steady light breeze and soon caught and passed Dances with Waves, who had started 5 minutes before us, but had up a small headsail for the conditions. Maybe they knew something, as the breeze started to build and the skies started to darken and take on a threatening tone. Just as the fleet started the spinnaker run back into the bay, a water spout started to form a few miles off the island and began tracking towards the fleet!! For a while, it looked like things were going to get a little too exciting, but in the end we saw no more than 20kn, which soon dissipated to a steady 15kn for a fun asy run to the finish. 4th on the water from 24 div 2 starters and 5th on PHS gave us a good start for the regatta.

Unfortunately, that was the best of it for the first part of the regatta. While the rain mostly held off during the races, the winds remained light and unpredictable. So the next 2 days of passage races started late and both races were abandoned when the 2kn tidal currents monstered the 0-2kn breeze. Even the current cut out around the back of Boondaba Island, and we had plenty of time to admire the landscape, the yacht aground on the isolated danger marker, and a turtle who came to see why his bay had turned into a yacht parking lot. Esprit even deployed our coffee-making facilities (if it wasn't for the lack of cow hide, you could easily mistake Esprit's luxury galley for that of

Holy Cow) to warm up the soggy crew as we half-heartedly contemplated deploying the anchor for the first time ever during a race. We were saved from that decision by the race abandonment. Day three's racing was also abandoned, which was a pity for us as we were in podium positions in both races, so our 5th in the first race became a 5th in the Commodore's Cup.

The regatta is actually 2 separate regattas, the first 3 days being the more cruisy passage races of the Commodore's Cup (46 entries), then a lay day (spent wine tasting and lunching splendidly in the Hunter Valley thanks to the outstanding organizational skills of Lulu Belle's skipper) before the more serious long weekend's racing which included the NSW IRC Championship, Elliot 7 Nationals as well as racing and cruising PHS series (87 entries). Esprit was entered in the Performance Racing class which comprised 2 passage race days and one day of windward/leewards in the bay. So it was a different fleet of 8 we lined up against on the Friday, but for us there was really only one other boat we cared about: Kaisen from Newcastle Cruising Yacht Club - another Archambault Grand Surprise! This would be the first time we raced against an identical boat. KellyB and ChrisB subbed in for AnneS and GregS.

The rain had stopped and Port Stephens started to look a bit more like the brochures, but the winds remained light to non existent! After a bit of drifting/waiting the first race got under way in a light NEer against a difficult current. Initially we looked to be doing well against our twin and beat her to the windward mark. But then she popped her spinnaker, a big black asy that looked to be a more big-shouldered cut compared to our biggest masthead red asy. The trip back down the channel soon felt a little like being in an X-wing fighter in the death star trench trying to keep Darth Vader behind us. Just like in the movies, Red Leader was unable to hold them off. Trying to follow them down just made us sail low and slow and they opened up a gap on us and we didn't do well against the rest of the fleet either - 6th.

Next day was the windward/leewards, but there was absolutely no wind, so we had a few more hours of drifting and waiting before resorting to a game of walk-the-bow sprit. KellyB displayed some talented aquatic moves worthy of the Olympics - perhaps the calls of "Shark, shark!" were somewhat motivating. Incredibly, at

3pm when we thought they'd be sure to abandon, they got away two races in 5kn of breeze. The flat seas and steady winds were great sailing conditions and we got in some good match racing against Kaisen, although she still pipped us in both races, we improved on the previous day with 4th and a 5th.

Sunday - back to passage racing, but still not much wind. After bit of a delay a NEer came in and we got off to a great start and beat Kaizen to a mark near the heads just as the wind strengthened to 14kn. We had a fantastic asy run surfing the swell back in, with ChrisS particularly enjoying trimming the spinnaker, judging by the moans and whimpers of pleasure he was making. With the stronger breeze kite size mattered less, and we pulled out a few 100m against our rival. But the wind didn't last and dropped to nothing. Unfortunately, Kaizen behind us still had a little zephyr and flew their spinnaker until they drew level with us before they too stopped. We were then in a race to get anchors out, as a 2kn tide tried to push us backwards. Esprit's team won that race, were further rewarded by watching Kaisen's anchor drag so that soon we were 50m ahead of them! First time I've ever done an overtake under anchor! Unfortunately with Kaisen behind, they got the new wind first and passed us again before we could lift anchor. We then had a painfully slow motion drag race matching them gybe for gybe before we split with them to lay the committee boat, while they went for the pin. Unfortunately, 5 big boats came in from the other side of course and blanketed us entirely. We eventually rafted up with them, drifting over the line in a little shout-fest for a 3rd place. Kaisen beat us by 50 meters which took 9 minutes!!!!

We got 5th in the series and overall in Performance Cruising. Dances With Waves did 1 better than that with a 4th (must have got the right head sail up!).

Despite the light winds and heavy rain, it was a great week and the sailing was fun, competitive and challenging. We even enjoyed the waiting and the abandoned races because of pretty surroundings, fun atmosphere and great company. We'll certainly be making the trip up there again next year and the MYC calendar has been cleared of clashes so hopefully more can join us. I've also got witnesses who heard Jan say that she's not coming back without a \*%!%! spinnaker like Kaisen's!  
*Greg Wilkins*

# KAOTIC WINS AT VICTORIAN J24 STATE TITLES

**Manly Yacht Club members Arthur Crothers and Matt Miles were victorious with Kaotic at the Victorian J24 State Championship.**

Arthur and his merry men – (Helmsman Ben Lamb, trimmer Simon Williams, bow Wulf Wilkins with Arthur and Matt controlling the middle) – avenged their one point defeat at the J24 Nationals held in Adelaide in March, with a magnificent win at the Victorian Championship held 21/22 April at Sandringham Yacht Club, Melbourne.

Their Nemesis ‘Pacemaker’ helmed by Dave Suda was the winner of the Nationals and a local at Sandringham, so all eyes were on their team to consolidate the Nationals victory with a win at home.

But Kaotic left no doubt winning 5 from 7 heats (the other 2 won by another NSW boat ‘Convicts Revenge’ – Steve Girdis – previously a multiple Nationals winner). This victory was more than satisfying and years in the making with the team having sailed together in many championships since 2003 complete with a bag of silver medals and a NSW championship gold medal.

The wind varied from 0-5 knots to 5-12 knots on the Saturday and then 20-30 knots on Sunday. So the victory was made all the more sweet by having to perform in all weather – a true championship.

Dave Suda commented in his article on the J24 website- “So where to from here you ask? Well at the moment a Victorian boat holds the NSW Title, a NSW boat holds the Victorian Title and the Nationals went the way of the Victorians by a solitary point. Vic 2 leads NSW 1. Bring on the NSW Titles later this year! One Design all the way.”

From my perspective, back in the second half of the fleet of 20, it was fabulous to watch the closeness of the competition. There was a spit between the first 10 boats and the top 3 at many times during the racing could just about touch each other. There was no room for mistakes even though I think nearly every boat which flew a spinnaker



on the Sunday had a round up or Chinese jibe – including Kaotic and Pacemaker.

I also had the pleasure of racing in my brother's older boat (but a goodie) from Melbourne with borrowed sails from Sydney. We made up the only all girl crew in the fleet. I was at the helm, Elena DeBruijne - trimmer, Candace Christensen on bow, Kirby O'Brien (Sandringham) mast and Kate Holmes in the pit. We were 100kg under crew weight and with our limited experience as a team performed creditably (16th) – only one race where we wrapped the windward mark 3 times in one go – unfortunate mishap (won't go into it) - but we finished every race upright and happy and broke nothing! The girls were brilliant and a pleasure to sail with.

Another notable entrant representing NSW was Davie West (who sometimes sails on Kaotic at MYC when they win!). He borrowed a boat from Melbourne and finished a very close 8th – always in the mix well done Davie.

For me one design racing is second-to-none and requires all the elements of sailing and racing to be refined by a team, at its best, to create great results. A wonderful achievement for Arthur and his team with a well-deserved great win!!

*Janette Syme*





## Nominations for the MYC Board of Directors

If you are a Senior, Family or Syndicate member who would like to assist with the management of the Club and you wish to nominate for a position on the Board, please complete and return the following slip to the Club Secretary by June 1, 2012.

I would like to nominate for a position on the Manly Yacht Club Board of Directors.

Name:

.....

Phone number:

H: .....

W: .....

M: .....



Notice of Annual General Meeting and Election of Office Bearers for 2012 - 2013  
Notice is hereby given that the Annual General Meeting of Manly Yacht Club and election of Office Bearers for 2012 - 2013 will be held at the MYC Clubhouse at 7:00 pm on Friday 29th June 2012.

All positions on the Board of Directors are open for nominations. The Club is required to have a Board consisting of the office bearers and up to twelve other directors.

Only financial, Senior, Family or Syndicate members may vote at the Annual General Meeting. Persons who are not members are invited to attend the meeting.

### AGENDA

1. Notice convening the meeting
2. Apologies
3. Confirmation of the minutes of the last AGM held 25/06/2011
4. Receive and consider the Annual Report
5. Hold elections if necessary and announce Board of Directors for 2012 - 2013
6. Appoint auditors for 2012 - 2013
7. Other business



## Sailability Manly turns 15

**Eli Demeny and the crew hosted a dinner party to mark the 15th Anniversary of the Club, which was abuzz with recollections and laughter.**

Seventy guests, including local dignitaries, supporters, other Sailability representatives, and members old and new, reminisced while watching a stunning sunset over Manly Cove, from the balcony at Manly Yacht Club.

Eli ran through a condensed history of the Club, illustrated by photos and video clips, starting with the original venue, launching the 2.3 servo, Alan Wood, from the boat ramp at Kirribilli in 1996.

For logistical reasons, the venue gravitated to Manly Cove where a handful of volunteers mainly from the MS Society, helped people into boats from the beach. In 2001 a floating pontoon was built in front of the Manly Yacht Club by volunteers, with a grant from a competition sponsored by the NAB. It was followed by an Accessible Bathroom, and Walkway.

The affiliation with the yacht club saw Sailability go from strength to strength, and the now very close ties were reflected in President, Ian Dennewald, Commodore, Maz Theaker and other MYC board members enjoying themselves at the celebration.

From those early beginnings, the club now has over 100 members, with a fleet of 7 Access 303s, 2 Access 2.3s (one of them a servo) and a 23ft yacht, donated in 2010 by Bob Ferguson.

Over the years, Manly Sailability sailors have put in strong showings in regattas throughout NSW, resulting in two medal winners in the World Masters Games in 2010, a State Champion in the 303 singles in 2011, and recently former windsurfing Olympian, Greg Hyde, winning the Access Liberty World Title.

President, Evelyn Shervington presented the "Volunteer of the Year" award to Jude Cole, and also thanked Eli, who he reminded the audience had received an OAM in 2010 for services to the community through volunteering.

Celebrations concluded with Helene Francois, walking the microphone around the audience, interviewing members about what Sailability means to them, and why they keep coming back.

Founder member, Roger Blake took the opportunity to reiterate to the gathering, that without Eli's drive and dedication, the last 15 years would not have happened. "She IS Sailability Manly, and a shining example of what volunteering is all about" he enthused, to a thundering round of applause.

*Jude*

# Boat bits bother...

**DO YOU OWN THIS STUFF LYING AROUND IN THE BOAT STORAGE AREA AT THE CLUB? THEN GET IN BEFORE THE CLEAN OUT!**

The Manly Junior Sailing program has attracted more kids and more sailing than ever before. Of course, without boats there can be no sailing and so last season with the help of some sponsors the club bought new Optimis but this has increased the pressure on boat storage. While these are all good problems to have it means we need to clear out the corners to get as much room as possible! When one walks into the boat storage area and turns left, in the far corner there lays a great deal of rubbish including boat bits and pieces. No one knows who owns this stuff but it needs to go so we can make room for more boats like Optimis, MJs, PJs and F11s. If it's your stuff, you need to go down and claim it before we send it to the tip in a week or so.

Any questions call Bruce Davis 9948 3750w or 9939 1972h

## “ZUMBA WITH DEE BEE”

One hour of fun and fitness for MYC members and friends.

Every class feels like a party! Come join MYC Zumba and see what I mean. You don't even have to know how to dance. Just move your body and follow Dee's lead. It's easy! Come try it, I guarantee you will have a blast!

Interested?

If we get the numbers ?

Looking at Wednesday evening?

Contact: Dee

deebiezumba@gmail.com

or Margo

margaretlucas@bigpond.com



“ZUMBA WITH DEE BEE”

Dee was born in Brazil and has been living in Australia for 14 years. She started dancing classical ballet when she was 5 years old and as a teenager was part of the São Paulo Estate Ballet Company (Teatro Municipal) and later on taught classes to little ballerinas aged 3 to 5 y.o. Growing up in Brazil meant she was in touch with Samba, Carnaval and Axé and all the Brazilian rhythms since a very young age.

She's passionate about the latin rhythms and percussion, specially Cuban salsa, merengue and old school samba and discovered in Zumba a way to bring all latin styles together with lots of fun!

Dee is a qualified Zumba teacher.

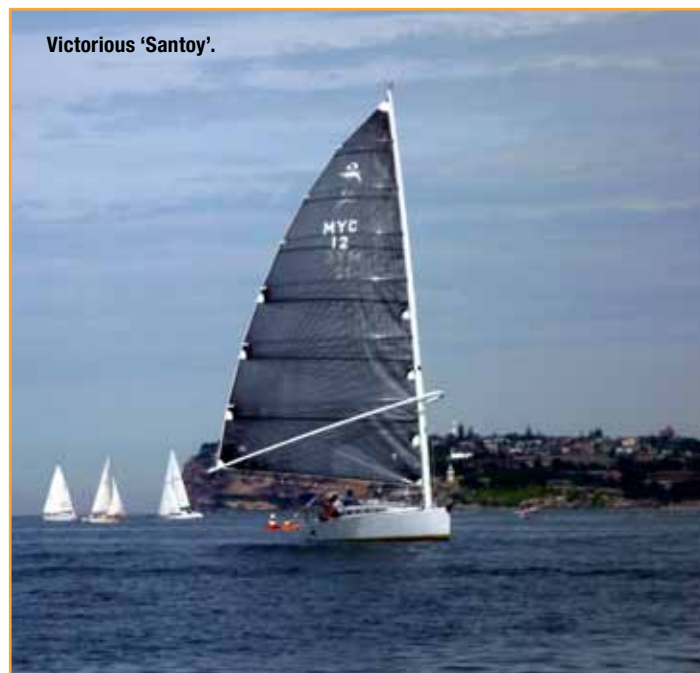
## CLUB CHAMPIONSHIP

### Triumph and Travesty

MYC CC10 2012, the final and deciding race in the Club Championship turned out to be windless and challenging. 'Taxi' was the overall winner in Division 2, while 'Santoy' snatched victory from the jaws of defeat in Division 1, which was a rather apt way for the retiring commodore to finish her tenure. With the previous in mind and the nature of the day it reminded me of Jane Austen's long lost novel, 'Triumph and Travesty', from which I'd like to quote from chapter 43:

*' They gradually sailed for half a mile, and then found themselves at the top of a considerable eminence, where the water ceased, and the eye was instantly caught by Manly Yacht Club, situated on the opposite side of a Cove, into which the course with some abruptness wound. It was a handsome brick building, standing well on rising ground and backed by a ridge of high apartments;- and in front, a harbour of some natural importance was swelled into greater, but without any artificial appearance. It's banks were neither formal, nor falsely adorned. Maz was delighted. She had never seen a place where natural beauty had been so little counteracted by an awkward taste. They were all of them warm in her admiration; and at that moment she felt that to be mistress of Manly Yacht Club might be something.'*

Colin Cameron.



Victorious 'Santoy'.



# PEPPER TREE

**MYC Division 2  
Champions Matt and Bec  
preparing for the big race**

In div 1, another four boats were vying for third place in the series going into the final race, and each had missed just one race in the series. It's likely that that one measly, little DNC cost Esprit a podium spot, and the same goes for Wild Life and Pam. Ten Sixty managed to finish the race 10 drifter and clinched third place in the series. Another factor for a successful series is finishing fourth - third is not too bad either - in a race

(known by many at MYC as the Bruce Hitchman Method). San Toy had six fourths in 10 races and Taxi had three thirds in its first three races. San Toy won just one race and Taxi none the whole season. The reason fourth place is an advantage has to do with the way the computer calculates handicaps, suffice to say that coming fourth is good for your points-score total while not hammering your handicap too much. One pleasing stat from the results was that almost everyone was a winner this season, with eight boats scoring a race win in div 1 and seven yachts claiming a win in div 2. So, the secret is to turn up every week and come fourth ... but if you did that you'd never get to try any of the great wines provided by our wonderful sponsor Pepper Tree Wines, who have signed on again for next year. Personally, I'll take the booze every time. Anyway, that's it for another successful year of the club champs. Congratulations to all the winners and a big thank-you to Pepper Tree Wines. Let's hope 2012-13 is as much fun. And, as the recently departed Earl Scruggs famously sung: "Ya'll come back now, ya hear". See you on the start line.

*Jim Nixon*

## CLUB CHAMPIONSHIP



Once again the 2011-12 edition of the MYC Club Championships concluded with a whimper, not a bang as expected. As drifters go, Race 10 was a 10 out of 10, with only three division 1 yachts finishing the shortened course. The division 2 boats didn't even get close, and many pulled out early in the proceedings. (Czech Mate was seen motoring home to MYC backwards to get its new spinnaker to set for a stickybeak!). But ironically the whimper ended up producing quite a bang in the points-scores, with the outcome of both series being affected by the abundance of DNFs. In fact, the final race of the CC completely altered the podium places for division 1. And if there had been some finishers in div 2, that series also could have been turned on its head. As is so often the case in sailing, it's not over until the fat lady drops the spinnaker. Nonetheless, a brief glance at the results of both divisions can give an insight into what it takes - apart from sailing well and being nice to the handicapper - to win a club championships. The most important factor seems to be turning up for every race, with the winners of both divisions having sailed all 10 races. The four boats that were battling for a place in the div 2 series - Bokarra, Ratty Tooey, Bella and Melody - likewise turned up for every race and were all in the mix until the last event.

## SAILING MUMS

**Manly Sailing are launching some new courses in May particularly for parents who want to learn a new skill, meet some other parents in a fun social environment while the bub is being well cared for by our professional nannies**

Sailing Mums is a six week sailing course consisting of 6 x two hour lessons once a week from 11am - 1pm (mid week) with onsite Childcare at our base at Manly Yacht Club. But while its named Sailing Mums you don't have to be a Mum or a Dad, you don't even have to bring the kids if you don't want to.

It's entirely about you.

Each week you will be out on Sydney Harbour learning all the basics of sailing

on our 27ft Yacht and enjoying the company of others. Both a social and fun experience, you learn something new, taking in the beauty of Sydney Harbour while your little one is being well cared for not too far away.

The six week course is \$495

After the course you can join our Mid Week Sailing Club for \$50 per week & make the most of your new skills, with lots of opportunities to get out on the water.

Meanwhile we offer a highly professional standard of childminding for your little ones, giving you the peace of mind and confidence to enjoy and get the most out of your sailing experience.

Childcare is provided by an independent organisation who specialise in providing a safe, caring and fun environment in which your

children will actively learn and develop. We use high quality, secure, indoor facilities within Manly Yacht Club to ensure that Sailing Mums

are never more than 10 minutes away from their children. Childcare costs are set by our independent business partner and are currently as follows:

\$15 per hour for one child, \$25 for two children.

Our Courses start in May and will run for six consecutive weeks. Sign up now - places are going fast!

Contact Anne on 02 9977 4000 for more information or email us on [info@manlysailing.com.au](mailto:info@manlysailing.com.au)





# Yoga for sailors is coming to MYC!

Kick start a habit to help keep in trim over winter, increase your flexibility and balance (listen up foredeckies), and tone those winching muscles!

You will learn:

- a simple energising 10 minute morning routine (*skip the egg and bacon roll!*)
- poses to release tight neck and shoulders (*after long spinnaker runs*)
- relaxation techniques (*for those scratch starts*)
- how to avoid injuries
- nutrition tips - *to help get you a body to impress the captain and crew!*

I teach classical hatha yoga and will focus on correct alignment in the foundation poses while breathing properly. Everyone can join in as my class is suitable for total yoga novices as well as with some experience of yoga and I shall suggest alternatives for problems with knees, backs, shoulders etc. There will be no "pretzel poses" !

Dress: track pants and t-shirt (lycra optional, not obligatory)  
Some mats provided, bring your own if you have one!

Monday 18th June 6.45 – 7.45 pm at MYC

Cost \$15 MYC members and friends

Led by Nicola Reade, YA (Yoga Australia) qualified yoga teacher. So that I can get an idea of numbers, please let me know if you would be interested in attending, or if you have any questions or comments. Thank you! [Nicola.reade@gmail.com](mailto:Nicola.reade@gmail.com)



## PEPPER TREE WINES

Pepper Tree Wines invites members & guests of Manly Yacht Club to visit our wine stand during



Saturday 2nd June & Sunday 3rd June 2012  
11.30am - 5.00pm

As a member of Manly Yacht Club you will automatically go in the draw to win an exclusive Pepper Tree custom-designed surfboard shaped by Pacific Dreams (valued at \$800) when you visit the Pepper Tree stand.

86 Halls Road, Pokolbin | P: 02 4909 710 0  
[www.peppertreewines.com.au](http://www.peppertreewines.com.au)

THANK YOU PEPPER TREE WINES for your continuing support at Manly Yacht Club.

The Pepper Tree Wines Club Championships will now be joined by the Pepper Tree Wines Twilight Series.

Please support Pepper Tree Wines when you consider your next wine purchase, and join them at the Manly Wine, Food and Sustainability Festival on the first weekend in June.

Let them know that you are a member of MYC and you may be the winner of a custom designed surfboard!

# PRESIDENT'S REPORT

The 2012 AGM and dinner is fast approaching, please note that the AGM this year is on a Friday night, this is so we can hopefully attract some more members to the evening. The actual meeting part (essential stuff) will hopefully be over in about 20 minutes and then we can move on to dinner (yummy stuff) and a trivia competition (fun stuff). If you can't make it for the dinner please try and come along for the business session (the official stuff) at 7 pm as we need a quorum of 20 senior members to vote. Friends and family are all welcome as the night is more about having dinner with other members and the trivia.

If anyone wants to help out in organising the night (altruistic stuff) or run the trivia part of the night (educational stuff) please let me know; [ian@austekmodels.com.au](mailto:ian@austekmodels.com.au). There is not a lot involved and it is a great night.

The AGM is all about appointing the



people to direct and run the club for the next 12 months. This is not an onerous role and one that can be very rewarding. Please give some consideration to helping out by standing as a director, even if you have never done something like this before it can be a great learning experience while being a

great way to mix with the members of the club, again if you are interested please give me a shout via email of phone 0417 412 305.

The old caretaker's stairs at the northern end of the building have finally been removed by council and hopefully in the next couple of weeks the last tiding up will be done where they mounted to the building. This leaves the path clear for the long overdue repainting of the outside of the building. We will be seeking quotes to have this done professionally as the job is too big for the members to take on but don't

despair, there will be other associated jobs we will tackle ourselves.

Sailability recently celebrated 15 years of service to the local sailing community with a dinner at the club. It is always a real pleasure to meet with the volunteers who give so generously to help out and the sailors who are so appreciative of the chances they are given. The other great part of the association between Manly Sailability and MYC is the acceptance of the Sailability as part of the club; the faces at the dinner are mostly the same ones we see at any MYC event. On behalf of all the MYC members I wish them another 15 years and more of success. The smiles on the sailor's faces as they gain some independence from sailing is a great testament to the past 15 years....well done sailability.

Please try and make an effort to come along to the AGM and I hope to see you there.

Cheers  
Ian D.

## RACE IN THE TROPICS ON A 60FT YACHT THIS WINTER



**Airlie Beach Race Week 10 - 16 August 2012**  
**Hamilton Island Race Week 17 - 25 August 2012**  
**Magnetic Island Race Week 1 - 4 September 2012**

02 9977 4000

Contact Manly Sailing to book your place  
[www.manlysailing.com.au](http://www.manlysailing.com.au)

[info@manlysailing.com.au](mailto:info@manlysailing.com.au)



# OFFSHORE SERIES - PITTWATER RACE

Presentation of the offshore Race 5 at Royal Motor Yacht Club Pittwater.

Winners from left to right Bruce from Pensive - Offshore Series winner; David - RO; and Grish from Local Hero - Race 5 winner

The great turn out shown below and David Parle presenting way in the distance.



## An Innovative And Sustainable Way To Correct Your Vision!

**Imagine.....  
Being able to enjoy your day-time activities without wearing glasses or contact lenses.**

Correction of your vision while you sleep. Clear vision without the need for corrective surgery. There is a solution for you! Orthokeratology (or Ortho-K) is a proven technique that uses specially-designed contact lenses you usually wear at night and remove in the morning. During your sleep the contact lenses gently reshape the cornea of your eye to correct your vision. It also works if you wear the contact lenses during the day, but most people prefer treatment while asleep. There is no magic, this is a scientifically studied procedure and the results

our clients have been getting are just amazing.

So, what are the benefits of Ortho-K lenses?

- ★ Non-surgical visual correction
- ★ Safe, effective and reversible
- ★ Lower cost than surgery
- ★ A wide range of corrections are possible
- ★ Correction can be adjusted as you age (eg. for reading)
- ★ Can help prevent further deterioration of distance vision
- ★ Also suitable for children

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**Optometrist Max Humphreys**

# Access World Titles Report

**Manly Yacht Club enthusiastically embraced the once in a life-time opportunity to play an active role in helping neighbouring club, Middle Harbour, host the 2012 Access World Titles. Elite sailors of all abilities, from nine countries took part including our own members Greg Hyde, in a Pittwater Liberty, and Andy Jager, crewing in a 303 for French helmsman Gerard Eychenne.**

The Race Management Team was headed by International ISAF PRO Mark Pryke with Manly volunteers providing the team responsible for the Finish. Jude Cole (Sailability Representative on the RMT) Pam Davis, Brian Guest, David Goldner, Jill Musgrove, Vin Gallagher, Max Cooper, Barry Newell, John Gray, Brian Wilson, Arthur Crothers, Ken Terrens (who also took some great photos) and Greg Zyner, were thanked during the Closing Ceremony for an outstanding job.

The experience was intense, stressful and challenging, but above all immensely rewarding and a lot of fun. Mark Pryke kept us on our toes moving the finish line at the slightest wind change, and shortening courses, as you would expect in a World class event.

The team on "Charlie's Chariot" responsible for laying the pin end mark of the finish line, and backing up the rest of us on the MHYC finish boat "Sandpiper," had the embarrassment of losing the mark from the back of the boat, but redeemed themselves later effecting two dramatic rescues from the rocks on the lee shore at Grotto Point.

Winds throughout the week tested the skill and ability of all the sailors, ranging from light and variable 5 – 10 knots, to the upper limit of the Access classes at 25 plus knots on one day.

From our great vantage point on the Finish Boat, we were able to watch the progress of Greg and Andy and our chartered boats, and are thrilled to report that Greg won the Access Liberty Division, and Andy and Gerard came 6th in the hotly contested Access 303 Two Person Division.

Manly was also well represented by shore based volunteers with Eli as registrar, Ralph and grandson Aiden, Peter S and Patrick on safety boats, Denis providing maintenance, Samantha and David Grinston all ensuring competitors made it to the start and back.

Both Opening and Closing Ceremonies were moving affairs and closely packed with over 40 wheel chairs. Middle Harbour Commodore Julie Hodder and her team did a wonderful job of evoking just the right atmosphere, with a combination of Aboriginal smoking ceremonies, speeches by patron Sir James Hardy and local member Tony Abbott, inspirational addresses by passionate competitors, flag processions, singing of rousing anthems and fireworks.

Those of us who were involved throughout will never forget the excitement of being an integral part of an event that took on an energy and life of it's own.

Sailability volunteers already know you get far more out of volunteering than you put in. Never was it truer than during these Access World Titles where we witnessed incredible feats of bravery, resilience, perseverance and resourcefulness, which left us in awe of the strength of the human spirit over adversity.

We're so proud of our team, the sailors and everyone involved. Thank you all.

Jude



Sailability Manly member, Greg Hyde in an Access Liberty leads the pointscore going into the last day of the Access World Titles.



Greg Hyde on track to winning the Access Liberty World Title



Pam, Jude and brian





# HISTORY PROJECT

Helen Ebeling, who was the Club Historian, has compiled a vast amount of information about MYC. Some of it can be classified as records such as Constitution, Articles of Association and Lease etc. and some of it is actually the history of how the Club evolved and what it has achieved in the world of sailing.

I have been looking through all the material and I need help to organise it in such a way that it can be used to prepare a concise history.

At this stage it is proposed to arrange the material as a series of themes addressing different aspects

of Club life which would become chapters in a book or an on line history.

Given the various adventures club members have had it should make quite an entertaining read, and if anyone has a particularly good yarn about the Club or its members, which may not be recorded, please let me know

If you would like to take part in this enterprise please contact Brian Wilson on 9949 1073, or [gbrianwilson@optusnet.com.au](mailto:gbrianwilson@optusnet.com.au) or, as a last resort, 0410 019 982.

Brian Wilson

## PICTURES FROM THE COMMODORE'S PICNIC





## DIARY DATES

PLEASE CHECK THE DIARY ON OUR WEBSITE FOR  
ALL UPCOMING EVENTS [WWW.MYC.ORG.AU](http://WWW.MYC.ORG.AU)

Name: Woo  
Email: coolmanninja@gmail.com

Experience:  
I would love to offer myself to crew if there's any chance.  
I live in Sydney and I am RYA Competent Crew certified.  
I have done one tidal trip of 108 miles with a 4 hour night sailing thus far.  
At this stage, i would love to gain more experience before deciding to sign up with any yacht club.

Name: Tristan Paul Goodchild  
Email: tristan.goodchild@gmail.com  
Phone: 0452482015

Experience: I used to do a lot of Dingy sailing in my teenage years, including some racing, plus a very small amount of yacht sailing with friends.

**If you need crew, or can fit on an extra body or two, then please give our Crew Coordinator (Lyn) a call on the new crewlink number: 0400269148 Please call this number in the days/hours before a race if you are looking for crew.**



Seen at Davis Marina recently: Esprit's latest crew member has worse breath than Jim Nixon. Because it seems to like "fush", we think it's a NZ fur seal. I wonder if anyone has told it how much a marina berth costs these days?

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